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# Charlevoix County News

January 12, 2012

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### sports



PAGE 1B

PHOTO BY CINDA SHUMAKER

Boyne City's Ryan Carson (23) nearly jumps out of the gym to get the advantage on the tip over East Jordan's Isaiah Sladick (20)



PAGE 2B

PHOTO BY CINDA SHUMAKER

Tanner McCune (10) of Boyne City advances the ball up-court as East Jordan's Jordyn Bacchus gives chase.

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## Kirtland acts to remedy noise from its plant

B. J. Conley

BOYNE CITY — It has been said that attitude is everything. The people who own and run Kirtland Products, LLC have a positive attitude that manifests itself in many ways, including genuine concern for its neighbors.

The company manufactures wood pellets for residential and commercial heating. Recently, there have been complaints about noise from the plant that is located on Altair Drive in Boyne City's industrial park. Kirtland's principals, Leon Tupper, chief executive officer, Tom Monley, president, and Mike Lange, vice president, made a visit to the

**BELOW:** Soon the noise that emits from the stack shown in the photo background will be lessened when the company receives its muffler.

PHOTO BY B. J. CONLEY



PHOTO BY B. J. CONLEY

Principals of Kirtland are (from left) President and COO, Tom Monley, CEO Leon Tupper and vice president Mike Lange.

companies and residents that voiced the complaints so they could listen to the noise and determine the source.

To remedy the problems Kirtland Products has replaced bearings on the raw material leveling screw, replaced rotary valve and airlock sys-

tem with a quieter unit and ordered mufflers to install on the pellet mill exhaust stacks.

The company uses wood from the Jack Pine tree, harvesting only the mature Jack Pine stands. The name "Kirtland" Products originated

See *Kirtland* — 3A

## Support a significant factor in Gregory sentencing

B. J. Conley

CHARLEVOIX — Accompanied by family and lifelong friends, Sandra Gregory appeared in Charlevoix County Circuit Court on Friday, Jan. 5 to receive her sentence for killing her 94-year-old mother, Amelia Gregory.

Prior to handing down his sentence, Judge Richard M. Pajtas asked Sandra if there was anything she wanted to say.

"I'm sorry for the way things happened," she said. "I did love my mom."

After devoting years to the care of her mother, one day in late March 2011, police were called to the Gregory residence. Once there the police found Amelia dead, lying



Sandra Gregory

on the floor. Sandra admitted at that time that she had killed her mother. Amelia's health was failing and they were advised that Amelia should go into a nursing home. Sandra said her mother had told her she didn't want to go into a nursing home but would rather be with her deceased husband, Sandra's father. Sandra first tried to

**"I'm sorry for the way things happened. I did love my mom." — Sandra Gregory**

smother Amelia with a pillow and then struck her head with the end of a lamp. Sandra then tried to commit suicide by slashing both of her wrists.

Sandra's attorney Kraag Lieberman spoke to the court saying that the prosecutor John Jarema and he

See *Gregory Sentencing* — 3A

### Pornography a "hobby," man tells police

B. J. Conley

A Charlevoix county resident was arrested and charged with five counts of possession of child sexually abusive material and one count of the use of a computer to commit a crime.



Robert Howard

Robert Russell Howard, 48, of Hayes Township was arrested on or about Dec. 12, 2011 at his residence on the Boyne City Road after police found the pornography and his computer in his home. Sheriff deputy Todd Reeves received a call from a woman who had been a victim of Howard's more than 10 years ago. The caller told deputy Reeves that she saw several

See *Pornography Arrest* — 3A

### Evans reelected county commission board chairman

B. J. Conley

CHARLEVOIX — The Charlevoix County Board of Commissioners reelected Joel Evans as Chairman of the board for another term at the commissioners annual organizational meeting on Jan. 4.

"I appreciate your reappointment," Evans told commissioners. "I do consider it an honor and a pleasure to serve Charlevoix county."

Commissioner Chris Christensen was elected vice chairman, taking over from commissioner Rich Gillespie. County clerk Cherie Browe will remain fiscal officer as well.

Prosecutor John Jarema asked commissioners to consider permitting him to look for an attorney that specializes in labor law. Jarema said he hasn't worked in that field of law. Commissioners approved his request.

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# Local News

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<b>weather</b>	<b>THURSDAY</b>	<b>FRIDAY</b>	<b>SATURDAY</b>	<b>SUNDAY</b>
	<b>HIGH: Low 30's</b> <b>LOW: Low 20's</b>	<b>HIGH: Low 20's</b> <b>LOW: Upper Teens</b>	<b>HIGH: Low 20's</b> <b>LOW: Low 20's</b>	<b>HIGH: Mid 20's</b> <b>LOW: Upper Teens</b>

	snowfall	
	2010-11 Amount	2011-12 Amount
Atlanta	1/10/2011.....13.5	1/9/2012.....5.5
Charlevoix	1/10/2011.....43.2	1/9/2012.....6.3
East Jordan	1/10/2011.....51.2	1/9/2012.....16.9
Gaylord	1/10/2011.....51.8	1/9/2012.....35.5
Mio	1/10/2011.....7.3	1/9/2012.....7.7
Onaway	1/10/2011.....33.2	1/9/2012.....8.9
Petoskey	1/10/2011.....48.8	1/9/2012.....19.1

record temps					
Day.....	Avg. High.....	Avg. Low.....	Record High.....	Record Low.....	Record Low.....
1/12.....	30°F.....	14°F.....	48°F (2006).....	-20°F (1964)	
1/13.....	30°F.....	14°F.....	48°F (2005).....	-16°F (1964)	
1/14.....	30°F.....	14°F.....	46°F (1987).....	-20°F (1982)	
1/15.....	30°F.....	13°F.....	49°F (1953).....	-27°F (1965)	
1/16.....	30°F.....	13°F.....	50°F (1949).....	-19°F (1966)	
1/17.....	30°F.....	13°F.....	48°F (1986).....	-23°F (1978)	
1/18.....	30°F.....	13°F.....	55°F (1996).....	-23°F (1978)	

## COUNTY RECORDS

**DISTRICT COURT**  
The following cases were recently decided in the 90th District Court for the County of Charlevoix:

David Michael White, 42, Alanson. Driving without license on person. Sentenced to pay \$200 in fines and costs.

Joann Erfourth, 62, Boyne City. Disturbing the peace. Sentenced to pay \$200 in fines and costs.

David Charles Atchison, 48, Mancelona. Driving without license on person. Sentenced to pay \$200 in fines and costs.

Joseph Osceola Watson, 18, East Jordan. Minor in possession of tobacco. Sentenced to pay \$80 in fines and costs.

Robert Coburn Martin, 21, Mt. Pleasant. Minor in possession of alcohol. Sentenced to pay \$250 in fines and costs and to 30 hours of community service work.

David Joseph Andress, 17, Charlevoix. Driving without license on person. Sentenced to pay \$200 in fines and costs.

Kevin Mac Hersh, 28, East Jordan. Driving without license on person. Sentenced to pay \$200 in fines and costs.

Gunnar Pfister Zipp, 19, Charlevoix. Minor in possession of alcohol. Sentenced to pay \$250 in fines and costs and to 40 hours of community service work.

Blair Ross Phillips, 46, Petoskey. Driving while license suspended. Sentenced to pay \$600 in fines and costs.

Timothy Lee Noiro, 46, Charlevoix. Trespass. Sentenced to pay \$200 in fines and costs and to four days in jail with credit for four days.

Pedro Morales Jr., 32, Charlevoix. Failure to report an accident. Sentenced to pay \$300 in fines and costs and to 90 days in jail with credit for 28 days, serve 62 days.

Ronald Leeland Sharrow, 47,

Charlevoix. Driving while intoxicated. Sentenced to pay \$1,330 in fines and costs and to 365 days in jail with credit for one day, 334 days held in abeyance, 30 days of community service work and two years on probation.

Kevin David Reynolds, 49, Beaver Island. Possession of marijuana, trespass, use of artificial light with weapon on wildlife, driving while license suspended. Sentenced to pay \$2,225 in fines and costs and to 365 days in jail with credit for 33 days, serve 27 days, 295 days held in abeyance, 10 days of community service work and one year on probation.

Jack Edward Moyer, 58, Boyne City. Driving while intoxicated. Sentenced to pay \$1,110 in fines and costs and to 93 days in jail with credit for one day, serve 223 days, 65 days held in abeyance, 15 days of community service work and one year on probation.

**ASSUMED NAMES:**  
The following businesses recently filed with the Charlevoix County Clerk's office for an assumed name for doing business:

B. C. Properties, 5734 Barber Road, Boyne City by William L. Brown and John A. Cosier.  
Gene Barnadyn Construction, 5085 Gokee Road, Boyne Falls by Gene Barnadyn.  
Osier Industry, 3545 Pleasant Valley Road, Boyne City by Raymond C. Osier II.  
Tom Fiel, 1110 South Wilson, Boyne City by Thomas P. Fiel.  
Supie Says, 210 W. Garfield #313, Charlevoix by William J. Supernaw.

**MARRIAGE LICENSES**  
The following people have recently filed for marriage licenses with the County of Charlevoix:

Jeremiah Lee Meadows, 29, Boyne City and Stephanie Lynne Roberts, 21, Boyne City.  
Michael Paul Gady, 30, Grandville and Kimberly Lynn Mead, 38, East Jordan.

## CHX COUNTY SHERIFF'S DEPT.

- January 1-8**
- 911 Hang Up Call .....1
  - Abandoned Vehicle.....2
  - Alarm.....4
  - Animal Complaint .....14
  - Annoyance.....1
  - Assault .....2
  - Assist Citizen .....2
  - Assist Motorist.....2
  - Assist Other Agency .....13
  - Attempt to Locate.....5
  - Bank Alarm .....1
  - Breaking & Entering .....2
  - Car/Deer Accident .....17
  - Citations Issued .....13
  - Civil Complaint.....2
  - Criminal Sexual Conduct.....1
  - Disturbance .....2
  - DNR Complaint.....2
  - Domestic Dispute .....2
  - Driving Complaint .....5
  - Found Property .....2
  - Fraud.....2
  - Health & Safety .....1
  - Hit & Run.....2
  - Intoxicated Person.....1
  - Juvenile.....1
  - Larceny .....10
  - Lockout.....11
  - Lost Property .....1
  - Malicious Destruction of Property.....1
  - Miscellaneous Criminal.....1
  - Paper Service .....7
  - Personal Injury Accident.....3
  - Private Property Accident.....4
  - Property Check.....17
  - Property Damage Accident.....10
  - Road Hazard.....4
  - Suspicious Situation .....10
  - Threat.....3
  - Traffic Stop.....53
  - Trespassing.....1
  - Vehicle in the Ditch .....1
  - Violation of Controlled Substance Act .....2

St for snow removal.

8:35am Vehicle unlock in the 100 block of State St

11:48am 2 vehicle property damage accident at Division St and Boyne Av. Citation issued.

12:26pm Missing 10 year old child from the 400 block of Elm St. Was located at Avalanche.

1:00pm Report of suspicious message left on answering machine in the 1400 block of Pleasant Av.

2:54pm Report of erratic driver on Boyne Av

4:10pm Civil complaint received from the 800 block of E Main St

5:53pm Investigated CSC complaint in the 400 block of N East St

9:56pm Unlock in the 500 block of N Lake St

11:30pm Citation issued for careless driving on Division St

**Tuesday, January 3**

12:42am Arrested subject for Driving While License Suspended

8:43am Unlock on Lake Park Dr

2:51pm Hang up call from the 1000 block of Boyne Av

3:09pm Tires reported slashed in the 300 block of Morgan St

3:28pm 2 vehicle property damage accident at Harris and Brockway Streets

3:57pm Assist to Animal Control in the 500 block of Jersey St

4:18pm Attempt to locate subject in the 300 block of E Water St

4:40pm Delivered death notification to the 500 block of N Lake St

4:53pm Found purse turned in from the 100 block of E Water St. Owner later claimed.

9:17pm 16 year old student did not return home from school. Was later located.

10:07pm Assist Sheriff Department with arrest on Leroy St

**Wednesday, January 4**

9:50am Subject in to report harassment in the 100 block of E Water St

10:26am Report of property damage accident in the 300 block of E Division St

2:50pm Unlock in the 700 block of West St

2:56pm Assist motorist on East St near Bailey

3:14pm Driving complaint received in the 200 block of Franklin St

5:13pm 2 vehicle property damage accident at Lake and Water Streets

6:30pm Unlock in the 400 block of N Lake St

**Thursday, January 5**

12:49am Citation issued for No Proof of Insurance

10:01am Subject at PD to report civil issue in the 500 block of Hannah St

11:05am Ipad dropped off at PD that was found in the 100 block of E Water St

## Sheriff seeks reelection

**B. J. Conley**

CHARLEVOIX — Charlevoix County Sheriff Don Schneider announced his bid for reelection on Monday Jan. 9, "to continue his service to the citizens of the county." If reelected this would be his second term. As of Tuesday, no other candidates for county sheriff had filed. The deadline is May 15.

His focus for the past three years has been to provide more services to the citizens while reducing the budget costs to save taxpayers' money, he said.

"The budget has been in the black three years

running," Sheriff Schneider said in a prepared statement. He lists other accomplishments as educating inmates that lack a high school diploma to attain a GED. "Education is a key factor to help people return to society with the tools to succeed," he said.

Sheriff Schneider said the formation of a joint organization law enforcement team is proving to be a success in curbing the drug problem in the county. The jail garden has been re-instituted with fresh vegetables used in meals. "This is another cost saving to the county," he said.



Sheriff Don Schneider

11:07am Complaint about subject burning brush in the 700 block of Vogel St

11:48am Report of illegal entry and theft in the 500 block of Lewis Av

11:56am Report of dead Christmas tree in the middle of Boyne Av near Main St

1:51pm Report of subject driving on suspended license

2:26pm Unlock on Vogel St near Lake St

3:43pm Received driving complaint in the area of Brockway and Harris Streets

4:25pm Assist to Probation Department in the 500 block of N Lake St

4:55pm 911 hang up call from the 500 block of N Lake St. All OK

5:24pm Gasoline drive off reported in the 400 block of N Lake St. Subject located next day.

9:24pm Car deer accident at Lakeshore and Erber

10:12pm Picked up items that were left by customer in the 200 block of S Lake St. Owner contacted.

**Friday, January 6**

2:00am Open door located in the 400 block of S East St. Se-

cured

9:28am PPO violation reported

10:15am Salvage vehicle inspection

2:00pm Forgery complaint received from the 300 block of E Division St

2:51pm Assist to Family Court at Sunset Park

11:00pm Motorist a sist at Michigan and N Lake St

**Saturday, January 7**

12:46am Assist Sheriff Department on alarm

12:58am Assist Sheriff Department with accident in Advance

2:11am Assist Sheriff Department with assault on Anderson Rd

11:57am Disturbance reported in the 800 block of West St

5:59pm Verbal dispute in the 400 block of Lewis Av

8:02pm Unlock in the 500 block of W Michigan

9:16pm Citation issued for speed

11:07pm Citation issued for disregarding flashing red signal.

**Sunday, January 8**

12:44am Yellow lab running loose in road.

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## BOYNE CITY POLICE DEPT.

**Monday, January 2**

4:02am Vehicle towed and citation issued on Lake St near Ray St for snow removal.

4:22am Parking citation issued for on Lake St near Main. Owner showed up to move vehicle.

4:33am Vehicle towed and citation issued on Park St near Water

**Charlevoix County News**

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# News

ONLINE AT WWW.CHARLEVOIXCOUNTYNEWS.COM

FROM PAGE 1

## Gregory Sentencing

had an agreement that dropped the charge of open murder and instead Sandra had pled no contest to manslaughter, based on her state of mind at the time she killed her mother.

"This sad case goes to state of mind," Lieberman said. "It probably would not have happened if there wasn't some disturbance in the thought process. Sandra Gregory suffers from deep depression and dementia. She thought she was fulfilling the desire her mother expressed."

Lieberman said the community has given its full support to Sandra. Approximately 40 letters were sent to the court asking for leniency in the sentencing. Sandra's family also has given her its full support and understanding.

Judge Pajtas noted that the 75-year-old Sandra had been a caregiver for her mother for many years. He named the factors that the law recognizes to require incarceration: punishment, deterrent, rehabilitation and a threat to society.

"To lock her up would not achieve any of those factors," he said.

Gregory was sentenced to 12 months in jail with credit for 103 days served. The remaining time is not to be served in jail, but on an electronic tether. The judge also ordered two years on probation, that she live with a family member or in an assisted living facility, and that she continue with mental health counseling.

Prosecutor Jarema told the court that in the 15 years he has been prosecutor and formerly assistant prosecutor that "this was the toughest case ever."

Jarema said what bothered him in this case is that the act [Sandra committed] was the only choice she thought she had. He wonders if she knew of the services available to help, such as the county's Commission on Aging.

"I don't think this defendant was aware of them, or fully understood them or comprehended them. As a community, in that regard, I think we all failed the victim and the defendant," Jarema said.

reporterbjh@gmail.com

FROM PAGE 1

## Pornography Arrest

photographs on Howard's Facebook page.

Howard told police that he had been taking and posting photographs of young girls for approximately 10 years and that it has been a hobby for him, according to court records.

A pretrial is set for 10:15 a.m. on Jan. 17. A preliminary examination is set for 2:30 p.m. on Jan. 31.



COURTESY PHOTO

# Early Boyne Citizen newspaper editions recently recovered

Boyne City news from the community's long and colorful past is back in the safe keeping of the Boyne District Library, after issues of the Boyne Citizen dating back to the early 1900s were recovered from the Journal Register Company's Gaylord office just prior to Christmas. Happy to have the papers back are former Boyne City Mayor Eleanor Stackus and Library Director Cliff Carey.

The Journal Register was the former owner of The Citizen, before declaring bankruptcy and closing the newspaper in 2009. The Citizen was founded in 1881 and was the paper of record for the Boyne City community. Stackus was mayor at the time The Citizen ceased publishing and worked hard to convince the Journal Register to give ownership of the "newspaper morgue" to the library.

Her efforts finally paid off. The library will store the newspapers in its Red Building while staff and volunteers sort through, organize, and add the newly acquired issues to its collection. Future plans include digitizing the newspapers and making them available for public perusal.

# NWA Receives iPad Grant from Community Foundation

Northwest Academy of Charlevoix has been awarded a grant from the Charlevoix County Community Foundation to be used toward the purchase of iPads for the resource classroom.

The grant, which was submitted by Shelia Davis, PTO President, reflects the school's desire to utilize advanced technologies as tools to meet the needs of resource room students.

The mother of a student with Autism, Davis was particularly interested in the technology. "Our son has autism," Davis said, adding, "so I have personal knowledge of the challenges faced by our special needs students, and the benefits that this kind of technology can have on their development."

Emerging research on the benefits of iPad technology and their ability to engage students led NWA on their search for funding. "We researched grant opportunities and decided to submit a grant to the Community Foundation,"

Davis noted, "and it paid off." The \$1,500 grant from the Foundation will be blended with funds from PTO fundraisers to purchase the iPads, and the accompanying apps that will be used with students.

"The iPads give our teaching staff an additional, and advanced, tool to improve motor skills, communication, comprehension and learning," said Matt Saunders, NWA School Leader. "We're very excited about the prospects for our students," he added.

The Charlevoix County Community Foundation is a local charitable organization dedicated to improving and enriching life for all who live, work, or vacation in Charlevoix County. CCCF works to enhance the quality of life in Charlevoix County, now and for generations to come, by building permanent charitable endowment from a wide range of donors, addressing needs through grant making, and providing leadership on matters of commu-



Chip Hansen (r) of the Charlevoix County Community Foundation presents a grant check to Matt Saunders, NWA School Leader. Also pictured are Mike Wolf, Mary Jane Grunch; Resource Room Teacher. Working with the iPad's are (L) William Simon, Nathan Davis and Grant Winnell.

nity concern.

More information about Northwest Academy may be found at <http://www.nwa.edu> or by calling 231-547-9000. More information

about the Charlevoix County Community Foundation may be found at [www.c3f.org](http://www.c3f.org) or by calling 231-536-2440.

# TRACKING LEGISLATION

A weekly compilation of selected bills, resolutions and actions of the House and Senate in the state Legislature. To see more detail contact [www.legislature.mi.gov/](http://www.legislature.mi.gov/)

HB 5125 (S-2): Introduced by Rep. Jon Switalski on Nov. 1, 2011. This bill would amend the county road law to allow a county board of commissioners, by resolution, to submit to the electors of the county the question of transferring the powers, duties and functions of the county road commission to the county board of commissioners. If a majority of the electors voted in favor of the questions, the board of county road commissioners would be dissolved and the county board of commissioners would be

authorized to receive and spend funds as allowed under Public Act 51 of 1951, the Michigan transportation Fund law.

Status: Passed by the House on Nov. 30, 2011. Passed by the Senate on Dec. 15, 2011.

SB 0855 (2011): Introduced by Sen. Michael Kowall on Nov. 29, 2011. This bill authorizes the Michigan Economic Growth Authority, by June 30, 2012, to enter into an agreement providing a tax credit for the manufacture of certain bat-

tery and electronic products. It also limits the total credit to \$50 million over four years and designates the tax credit as a certificated credit (which means a taxpayer could voluntarily elect to file a return and pay the MBT in order to claim the credit. The agreement provides that if the taxpayer failed to create 750 new jobs, the credit is reduced by \$65,000 for each job less than 750 that was not created.

Status: Ordered enrolled and approved by the Governor on Dec. 20, 2011. Signed



STATE OF MICHIGAN CAPITOL BUILDING PHOTOGRAPHER: BRIAN CHARLES WATSON

by the Governor on Dec. 21, 2011 and assigned Public Act 0292 of 2011.

Compiled by B. J. Conley - Jan. 9, 2012

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# News

## DAVE Says

### How much am I really liable for?

Dear Dave,  
I have old credit card debt that goes back a few years. The account has been sold and re-sold to several collection companies. The limit on the card was \$300, but with late charges and fees I now owe \$1,500. Am I liable for the extra \$1,200?

Monica  
Dear Monica,  
You agreed to their terms, which included the right to charge fees and penalties. Legally, they can do this. The honorable thing would be to send the company you contracted with a check for the full amount.

However, that company no longer owns the debt, and they won't get the money. They sold the debt. The present holder is just hoping to get something out of it. They buy debt in volume, dirt cheap, and whatever they can collect from any creditor is profit.

The current collection company would probably be thrilled to settle for a lot less than face value. Make them an offer, but start really low. You can probably meet them somewhere in the middle and settle this for around \$500.

Do not give them any money until you have in your hand – on paper, in writing – a statement showing the amount for which they will settle, and do not give them electronic access to your bank account, either.

Once you have this in hand, send them a cashier's check or money order, and keep a copy of that payment and the letter for the rest of your natural life!

—Dave

### Going too far?!

Dear Dave,  
Your plan has been a real blessing to us. Last week, my mother-in-law told my husband they haven't paid their property taxes yet. Three thousand dollars is due. I love my in-laws, but they're big spenders. They've got plenty of money and love to take lots

of trips. We make good money, too, and could help them out, but we're afraid this may be just the tip of the iceberg. What's your advice on handling this?



Dave Ramsey

Kelly  
Dear Kelly,  
This is a really touchy situation. First of all, you shouldn't do anything. Your husband needs to handle this, because he's their son. Even if you make kind, polite suggestions, they'll assume you're the one withholding from them. You don't want to be labeled as the evil daughter-in-law!

I understand your position and agree that you don't want to enable their bad habits. Giving a drunk a drink is never a good idea. But this is family we're talking about. You should try to find a way to help them if you can. If that help includes money, make certain you know exactly where it goes. When you give someone \$3,000 (the amount needed for the taxes) you earn the right to have a say in what's happening.

Maybe your husband could go have coffee with them and just talk about things. He could explain how you guys are getting out of debt, and living on a budget to get control of your money. He could tell them how it's been a fabulous thing for your marriage and your finances, and that he'd love to show them how you're doing it.

I've got a feeling that mom and dad didn't raise their son to have dessert first and then eat his vegetables, but that's exactly what they are doing. They need to pay their property taxes before they go running off on a bunch of fancy trips.

From what you said, they've got the money to take care of what needs to be done and have some fun. But if they don't correct their course, they're liable to have their financial dignity stripped away.

—Dave

\* For more financial advice please visit daveramsey.com.



The Bergmann Center Resale Shop offers terrific bargains on resale goods ranging from clothing, furniture and other household items, to one-of-a-kind new products created by local individuals. COURTESY PHOTO

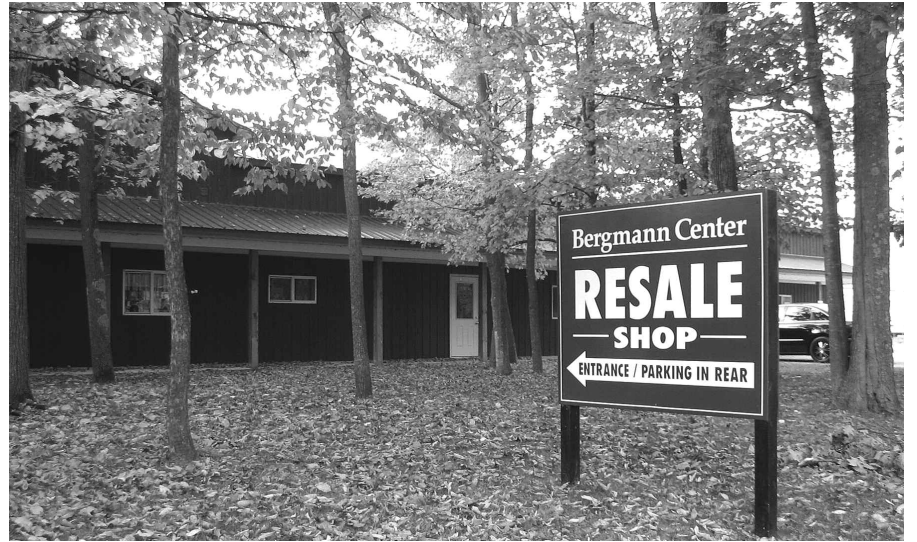
## Find resale bargains and one-of-kind items at the Bergmann Center Resale Shop

By Jim Akans

Many Northern Michigan residents are familiar with the outstanding opportunities provided by the ongoing work of the Bergmann Center in Charlevoix. The staff at the non-profit Center assists in building life skills for individuals with developmental disabilities, with programs that include on-site job training and employment opportunities, volunteer opportunities, community awareness, daily living skills and enrichment classes.

What many may not be aware of is that starting in August of 2010, The Bergmann Center opened a fantastic Resale Shop located right next to their main facility on Ance Road, offering terrific bargains on resale goods ranging from clothing, furniture and other household items, to one-of-a-kind new products created by local individuals.

Aimee Vander Ark, Administrative Assistant at the Bergmann Center and Resale Shop Supervisor, notes, "We have many exciting products made by individuals at the Bergmann Center; such as fire starters from recycled material, furniture painted by a local woman artist, gazing balls made from recycled bowling balls adorned with donated stained glass, items from clay, handmade jewelry, love lights made with clear stained glass and candles, and much more.



The Bergmann Center Resale Shop is located at 8888 Ance Road in Charlevoix, and is open Tuesday through Saturday from 9 am to 4 pm. COURTESY PHOTO

Our customers regularly tell us they absolutely love this merchandise, and because they are hand-crafted, each is unique."

In addition to a lot of great merchandise, the Bergmann Center Resale Shop also offers a great place for individuals in the Center's program to learn skills on the job, such as running a cash register and processing inventory. These are valuable skills that will continue to provide rewards for these individuals for years to come.

"We are very excited about the success of the Resale Shop," affirms

Vander Ark. "We have a great staff and core of volunteers, and are always looking for more individuals who would like to join our team."

The Bergmann Center Resale Shop is located at 8888 Ance Road in Charlevoix, and is open Tuesday through Saturday from 9 am to 4 pm, and the staff accepts item donations during those hours as well. For additional information call (231) 547-9624 or visit [www.bergmanncenter.org](http://www.bergmanncenter.org) and follow the Resale Shop link.

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## HIDDEN TREASURES

Northern Michigan Treasure Hunter's Guide to area antique, consignment, resale and thrift shops

<p><b>CHARLEVOIX</b></p> <p><b>Bergmann Center Resale Shop</b> 8888 Ance Road 231-547-9624 <a href="http://www.bergmanncenter.org">www.bergmanncenter.org</a></p> <p><b>Kelly's Antiques &amp; Furniture Barn</b> 06176 Old US 31 S., Charlevoix 231-547-0133 <a href="http://www.dkellyantiques.com">www.dkellyantiques.com</a></p> <p><b>BOYNE CITY</b></p> <p><b>Challenge Mountain Resale Shop</b> 1158 S. M-75 Boyne City 231-582-5711 <a href="http://www.challengemtn.org">www.challengemtn.org</a></p> <p><b>CHARLEVOIX</b></p> <p><b>Consign Design</b> 100 Van Pelt Pl., Charlevoix 231-237-9773 <a href="http://www.consigndesign.net">www.consigndesign.net</a></p>	<p><b>GAYLORD</b></p> <p><b>A-2-Z Resale</b> 1829 Old 27 South, Gaylord 989-732-9500</p> <p><b>Goodwill Retail and Donation Center</b> 1361 Pineview Dr. (near Lowes) Gaylord 989-705-1747 <a href="http://www.goodwillnmi.org">www.goodwillnmi.org</a></p> <p><b>Great Rooms Quality Pre-Owned Furniture</b> 148 W. Main Street Gaylord 989-745-5184 <a href="http://www.greatroomsgaylord.com">www.greatroomsgaylord.com</a></p> <p><b>Angels at Work Resale</b> 1523 S Otsego Ave. Gaylord 989.448.8615</p>	<p><b>GAYLORD</b></p> <p><b>Venus &amp; Blue Jeans</b> 340 West Main St.. Gaylord 989-731-2600 <a href="http://www.venusandbluejeans.com">www.venusandbluejeans.com</a></p> <p><b>HARBOR SPRINGS</b></p> <p><b>New Beginnings Thrift Shop</b> 650 W Conway Rd. Harbor Springs 231-348-2980</p> <p><b>Habitat for Humanity Restore</b> 8460 M-119 Harbor Springs 231-347-8440</p> <p><b>INDIAN RIVER</b></p> <p><b>Finders Keepers Antiques &amp; Consignment Shop</b> 3639 S. Straits Hwy., Indian River 231-238-5000</p>	<p><b>MANCELONA</b></p> <p><b>Mancelona Food Pantry &amp; Resale Shop</b> 201 N. Maple St., Mancelona 231-587-9606</p> <p><b>MIO</b></p> <p><b>Strawberry Patch ReSale – Consignment</b> Downtown Mio 989-826-1503</p> <p><b>PETOSKEY</b></p> <p><b>MKR Consignments</b> Clothing, Home Furnishings, Décor 2010 Harbor-Petoskey Road Petoskey 231-881-6130 <a href="http://www.MKRConsignments.com">www.MKRConsignments.com</a></p>	<p><b>PETOSKEY</b></p> <p><b>Challenge Mountain Resale Shop</b> 2429 US31 North, Petoskey 231-348-3195 <a href="http://www.challengemtn.org">www.challengemtn.org</a></p> <p><b>Goodwill Retail and Donation Center</b> 1600 Anderson Road Petoskey 231-348-6947 <a href="http://www.goodwillnmi.org">www.goodwillnmi.org</a></p> <p style="text-align: center; margin-top: 20px;"><b>To add your business listing</b> E-Mail <a href="mailto:office@CharlevoixCountyNews.com">office@CharlevoixCountyNews.com</a></p>
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# News

ONLINE AT WWW.CHARLEVOIXCOUNTYNEWS.COM

## 31st annual Sno-Blast Winter Festival takes place in East Jordan this weekend

By Jim Akans

There is nothing quite like a good Sno-Blast to liven up the winter here in northern Michigan. Perhaps that is why, for the past 31 years, East Jordan's annual "Sno-Blast" winter festival has brought so much fun and excitement to the area in mid January. It doesn't matter if there is snow on the ground; Sno-Blast is guaranteed to bring excitement and adventure in celebrating and embracing the winter season.

The 31st Annual Sno-Blast will begin this Friday, January 13th, with a Chili Supper at the Senior Center from 4:30 to 7 pm and Friday Night on Main from 5 to 7

pm. There will be a Bean Pot at the Jordan Inn, hayrides around town to view holiday lights and sno-sculptures, and a grand parade, in memory of the late Ron Klooster, down Main Street at 6 pm. After the parade, the crowning of the Bell of the Blizzard and Winter Knight will take place at the Community Center. From 6 to 10 pm, adults can enjoy skating at the Harvest Barn for just \$7 per person, and that includes skate rental. There will also be live music at the Jordan Inn Friday starting at 9 pm.

On Saturday, the East Jordan Sno-Mobilers, in conjunction with the Snomobilers Club of America, will be holding their an-

nual snowmobile show at their clubhouse from 9 am until 4 pm. In addition to a cool collection of vintage sleds, this year there will also be some "souped-up" outlaw sleds at the show. Several events are planned, including a Radar Runs (clocking your sled speed) from 9 am to 11 am, Snowmobile Drag Racing from 11 am until 3 pm, and a Frozen Pancake Toss at 11 am.

There is plenty of Sno-Blast activity planned in and around East Jordan on Saturday as well. The Mallard Golf Course welcomes snowshoers and cross-country skiers to enjoy the trails, the Harvest Barn will be open for roller skating from noon until 3 pm,

and those who simply can't wait for spring can play some softball in the snow at Murphy Field starting at 2 pm. Saturday evening Wagbo Farm will host the 3rd annual Wild Game Potluck starting at 6 pm, followed by a free film celebrating the joy of fly fishing; The Complete Angler, starting at 7 pm.


Back in town, "East Jordan's Got Talent," a variety show featuring local talent, will get underway at the Community Auditorium starting at 7 pm on Saturday, and the Jordan Inn will present local live music beginning at 9 pm.

On Sunday morning, don't miss the Sno Lovers Breakfast at

the East Jordan Sno-Mobilers Club starting at 7 am. A delicious spread including pancakes, bacon, sausage, potatoes and eggs is just \$6 for adults, \$3 for kids 5 to 10 years old, and under 4 years of age is free. The Jordan Valley District Library will present a free family movie; Dolphin Tale, in the library's community room starting at 1:30 pm on Sunday.

Whether or not there is snow on the ground, there is a whole lot of fun piling up this coming weekend for the 31st annual Sno-Blast. For more information and a complete schedule, contact the East Jordan Chamber at 231-536-7351 or visit ejchamber.org.

*Boyne City High School*  
**STUDENT of the Week**  
**Gerritt Moeke**



**GRADE:** 12  
**PARENTS:** Sharon and Burt Moeke  
**SCHOOL ACTIVITIES:**  
 • Varsity Soccer  
 • Varsity Basketball  
 • National Honors Society  
 • Varsity Golf  
**HOBBIES AND INTERESTS:**  
 • Snowmobiling  
 • Hanging with friends  
**FUTURE PLANS/GOALS:**  
 "To go to college for Civil, Biomedical or Aerospace Engineering"

**STAFF COMMENTS**

"Gerritt always does what's asked, is trustworthy and a hard worker."  
 (Mrs. Parker, Marketing Teacher)

"His willingness to dig in and help and get tasks done in an extremely timely manner is very admirable."  
 (Mr. Calcaterra, TV and Film Teacher)

"Gerritt is a great student. Very responsible and asks questions to further his understanding. Congratulations."  
 (Mrs. Clausen, Calculus Teacher)



Jim Daly

## FOCUS ON THE FAMILY

with Jim Daly & Juli Slattery



Dr. Juli Slattery

### Assessing talent doesn't have to be cruel exercise

**Q: I have a 17-year-old daughter who dreams of a career as a singer, but she isn't very good. I know that sounds bad coming from her mom, but it's true. What do you recommend we do?**

**Juli:** Let's face it. Very few kids have the talent to be the next "American Idol" or Heisman Trophy winner. But we live in a society that consistently spotlights performance and celebrity.

Too many young adults dream of stardom and fame that are out of their reach. Yet, as a parent, it's tough to tell the truth to our kids without feeling like we're killing their dream.

My advice to you is to speak truth, lovingly. You don't have to come out and say, "You can't sing." At 17, she's going to be running into natural roadblocks that will help her gauge her ability compared to others. Your job is to cast a picture for her of a different dream: "You

have a love for singing and music. I'll bet you use that in your life, even if you don't become a performing artist. Maybe you'll teach music or lead a church choir."

One of the great gifts my parents gave me my senior year of high school was career testing. Local universities often have counseling or career development departments that offer tests measuring ability, aptitude, interests and personality. When you put the results together, a young adult can get some solid, objective feedback about which career paths may be the best fit. Although it may cost several hundred dollars up front, it can save thousands of dollars and years of wasted college classes.

What your daughter most needs to know is that she doesn't have to be a star to earn your love and support.

**Q: I played the trumpet in high school, and it helped give me a life-long appreciation for**

**music. I want my son to experience the same thing, but he refuses to pick up an instrument. What should this frustrated dad do?**

**Jim:** I can certainly understand your desire. What dad doesn't want his son to be a "chip off the old block"? I definitely enjoy watching my own two boys developing an interest in some of the same things that interest me.

A recent study from Canada, though, reveals that parents who want their children to discover a passion for music or sports need to take a hands-off approach. There's nothing wrong with encouraging your son to take up the trumpet, but don't push him into it. If he does end up deciding to play an instrument, it might not be for the joy of music. He might just be doing it out of a sense of obligation, or the fear of disappointing you.

The Canadian study revealed another danger with parents forcing their

kids to pursue only the hobbies that mom and dad think they should. Some kids with high-pressure parents will embrace the hobbies their folks pick out for them, but they'll become obsessed with those pursuits later on. Their hobby will consume them. Their entire identity can become wrapped up in being a quarterback or a clarinet player. But when they throw an interception or make a mistake in the orchestra, their self-esteem plummets.

Certainly, parents need to be persistent about impressing morals and values on their kids. We don't want them to draw their own conclusions about what is right and wrong. But research suggests that when it comes to hobbies, sports and other pastimes, we need to grant them some autonomy, and allow them to develop the unique gifts and talents God gave them.

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### Northwest Michigan Community Action Agency's Tax Program Needs Volunteers

As a volunteer, you will help low-income residents by preparing and filing their tax returns and helping them apply for the earned income tax credits, child care credits, homestead credits, and home heating credits. Northwest Michigan Community Action Agency's (NMCAA) tax program is supported by the State of Michigan to help area residents claim all of the credits they are eligible and need.

NMCAA offers free tax preparation at its office in Traverse City, Cadillac, and Petoskey, as well as the Michigan Works office in Traverse City and Michigan Department of Human Services offices in Bellaire, Cadillac, Kalkaska, Roscommon and West Branch. Volunteers are needed at all locations including Boyne City, Charlevoix, Benzonia, and Leland libraries.

Tax preparation experience is preferred. NMCAA will provide training on tax preparation of low income returns and TaxWise software. After passing a basic IRS tax preparation test, you can choose to do tax preparation at times and a location that fit your schedule.

Become a volunteer tax preparer by contacting Roger Suppes at (231) 947-3780 or (800) 632-7334. He can also be reached via email at rsupes@nmcaa.net.



PHOTO BY ALICIA GOODRICH  
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**Crossword Puzzle**

1	2	3	4	5	6	7	8	9	10	11	12	13
14					15				16			
17					18				19			
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50	51	52			53	54			55	56	57	58
59					60				61			
62					63				64			
65					66				67			

**Across**  
 1- Tooth; 6- Wander; 10- British nobleman; 14- Boxing venue; 15- Humorist Bombeck; 16- Kill; 17- Meager; 18- Assist, often in a criminal act; 19- Travel on water; 20- Believer in free enterprise; 22- Actress Heche; 23- Trent of the Senate; 24- 2004 biopic; 26- Majestic; 30- Temperature scale; 34- Old newsman; 35- Mamie's predecessor; 36- PC core; 37- Corrosion; 38- Band's sample tapes; 40- Frisbee, e.g.; 41- 100%; 42- French military cap; 43- More wán; 44- Tumor of plasma cells; 46- Altar boy; 48- Yes, in Yokohama; 49- Disgusting; 50- Cornerstone word; 53- Having keen hearing; 59- Rapper born Tracy Marrow; 60- Diplomacy; 61- Mild cigar; 62- Metallica drummer Ulrich; 63- Zeno's home; 64- Allow to enter; 65- Call at home; 66- Goes bad; 67- Ribbons;

**Down**  
 1- Not fem.; 2- "Jaws" boat; 3- Bound; 4- Years in old Rome; 5- Dangerous snake, familiarly; 6- Land; 7- Regular course; 8- Iowa State city; 9- Bed; 10- Compositions; 11- Astronaut Shepard; 12- Drops from the sky; 13- Singer Lovett; 21- "You've got mail" co.; 25- Capp and Capone; 26- Go away; 27- Genuinely; 28- Bridal path; 29- Asian holiday; 30- Bus. bigwig; 31- With no emotion; 32- Overturn; 33- Cafe additive; 35- ASCAP rival; 38- Defogger; 39- Clean air org.; 40- Indian dish; 42- Hawaiian acacia; 43- European weasel; 45- Fourth highest peak in the world; 46- Main arteries; 47- Drinking vessel; 49- Aspect; 50- Has a bug; 51- Final Four org.; 52- Soft ball brand; 54- Circle of light often seen around the head of saints; 55- "Betsy's Wedding" star; 56- Freeway access; 57- Ashtabula's lake; 58- Specks;



# News

ONLINE AT WWW.CHARLEVOIXCOUNTYNEWS.COM

## OBITUARIES

### Alice E. Hinkley, 101

Alice E. Hinkley of Melrose Township, died Jan. 10, 2012, at Northern Michigan Regional Hospital.

Arrangements are pending at Stone Funeral Home in Petoskey.

### Clarence Boss

(JULY 22, 1925 - JAN. 7, 2012)

Clarence Boss, 86, of Ellsworth, died Saturday, Jan. 7, 2012 at Meadow Brook Medical Care Facility.

He was born July 22, 1925, in Chicago, Ill., the son of Fred and Anna (Aardema) Boss.

On Feb. 19, 1949, he married Bethel Larsen in Banks Township. They made their home on their farm in Banks Township. Clarence and Bethel were married for 63 years.

Clarence enjoyed farming all his life. He served on the board of the Michigan Milk Producers Association, was president of the board of the East Jordan Co-op, was a board member of the Production Credit Association of Traverse City and Midland, and district manager of Jacques Seed Company of Prescott, Wis.

Clarence also enjoyed playing softball, riding snowmobiles, traveling, telling jokes and lightheartedly teasing people he liked.

Surviving are his wife, Bethel; children, Dennis C. Boss of Ellsworth, Sharmon Dulaney of Charlevoix, Joan E. Boss of Traverse City, and Elaine R. "Laney" Boss of Traverse City; seven grandchildren, Cory Dulaney and Leah (Todd) Olson of Charlevoix, Cailin (Matt) Tacktor of Auburn, Kelsey Dulaney of Oklahoma, Rachel Boss of East Jordan, Eli Boss of Central Lake, Hannah (Josh) Barraw of Detroit; eight great-grandchildren; and a brother, Fred J. "Jerry" (Arlene) Boss, of Madison, Wis. He was preceded in death by a sister, Margaret Martin; brother, John "Jack" Boss; grandson, Seth Boss; and great-grandson, Clayton Dulaney.

Friends may call 3-5 p.m. and 6-8 p.m. Wednesday, Jan. 11, at Hastings Funeral Home in Ellsworth.

The funeral service will take place at 11 a.m. Thursday, Jan. 12, at Belltower Reformed Church in Ellsworth with Pastor Si Doctor officiating. Burial will be in Atwood Cemetery.

The family suggests memorial donations to Banks Township Fire and Rescue or East Jordan Ambulance in lieu of flowers.

### George August Melke

(OCT. 17, 1936 - JAN. 5, 2012)

George August Melke, 75, was carried away by the Angels to be with his Savior on Jan. 5, 2012, with his family by his side.

He was born on Oct. 17, 1936, to August and Eva Melke in Detroit. He was born again in the Waters of Holy Baptism on Nov. 1, 1936, at St. Matthew Lutheran Church in Detroit. He received the Rite of Confirmation in 1950 at St. Matthew.

He attended Henry Ford Trade School and continued his education at Wilbur Wright High School, graduating in 1954.

He was employed at Ford Motor Co. Tool and Die Department and began his engineering career with Performance Measurements in Detroit. In December 1961, he began his long career at Control Engineering Co., affiliate of the Jervis B. Webb Co. His success led him to be named chief engineer, where he was awarded patents for his work on the Automated Guided Vehicle Systems, of which he was most proud. In 1993, his employment at Control Engineering ended and he worked as an appraiser for Haller Appraisal until his retirement.

He was united in Holy Matrimony to Judith Hoag on Aug. 3, 1957, at St. Matthew, and she survives him.

Other survivors include his nine children, George of San Mateo, Calif., Richard (Nancy) of Johnson City, Tenn., Cheryl of Charlevoix, James (Sheila) of Charlevoix, David of Charlevoix, John (Karla) of Nekoosa, Wis., Timothy (Mary) of Pensacola, Fla., Rebecca (Donald) Streeter of Charlevoix, and Susanna (Raymond) Eggers of Boyne City; and 15 grandchildren, Jamie, Amanda (Jesse) Smith,

Tiffany, Rachel (fiancé Matthew Peterson), Erika, Kaytlyn, Samuel, Benjamin, Tyler, MacKenzie Eggers, Courtney and Megan Streeter, Josiah, Adam and Trevor Streeter.

He is also survived by his brother, Daniel; sister, Kathleen (Martin) Wildauer, and family; mother-in-law, Marian Hoag; sister-in-law, Janet Krupski, and family; brothers-in-law, Jerry and James Hoag, and family; and many nieces, nephews and cousins.

He was preceded in death by his parents, August and Eva; father-in-law, James Hoag; brother-in-law and friend, Charles Krupski; and granddaughter, Hannah Grace Eggers.

His passions included Lutheran Theology and Church Relations, farming, gardening, camping, woodworking, sailing, Christmas and spending time with family and friends.

His Christian funeral was held Tuesday, Jan. 10, at Winchester Funeral Home. The Rev. Jack Cascone of St. Clair Shores, Mich., officiated.

George's soul sleeps in Jesus, awaiting the Savior's Final Coming where he will be awakened and lifted up to Heaven, his final resting place, as promised by God in his Baptism.

Memorial contributions are welcome and are left to the choice of the contributors.

Thanks be to God who gives us the Victory in our Lord and Savior Jesus Christ.

Those wanting to share a memory of George, or condolence, may do so at [www.winchesterfuneralhome.com](http://www.winchesterfuneralhome.com)

### Louise F. Moses

(OCT. 5, 1920 - JAN. 4, 2012)

Louise F. Moses, 91, passed away peacefully on Wednesday morning, Jan. 4, 2012, at Riverside Nursing Home, Grand Haven, Mich.

Louise F. Lemons was born Oct. 5, 1920, in West Branch, Mich., the daughter of Stephen J. and Mary E. (Lorentz) Lemons. Shortly afterward, the family came to Boyne City, where Louise spent her growing up years and attended Boyne City Public Schools.

She was married to Donald H. Moses, also a native of Boyne City. Mr. and Mrs. Moses, relocated to Spring Lake in the early 1940s, where they remained until 1979, at which time they made their home on Big Pine Key, Fla.

Mr. Moses passed away on July 18, 1990.

Several years later, Louise returned to Spring Lake to be near her family. She remained in her own home until just a few years ago when she made her residence at Riverside Nursing Home in Grand Haven.

Louise was a homemaker, an avid reader and enjoyed sewing, crafts, gardening and antiques. In years past, she enjoyed boating, golfing and traveling, both within the United States and overseas. Mrs. Moses was also a long-time member of the Spring Lake Presbyterian Church.

She is survived by her five children: Donna Moses, Grand Haven; Donald (Saipin) Moses, Spring Lake; Carol Rowell and Mrs. Ronald (Terri) Sluis, Manistee, Mich.; and Mrs. David (Sue) Norton, Jacksonville, Ark.; 15 grandchildren; 21 great-grandchildren; 14 great-great-grandchildren; and one sister, Mrs. Roy A. (Caroline) McCleary, Boyne City.

She was preceded in death by her parents; husband; a brother, Harold J. Lemons; and two half-brothers, Leon J. and Lloyd E. Lemons.

Cremation and other arrangements will be handled privately by the family. Those wishing to honor Louise's memory are asked to do so to a charity of their choosing.

### Martha Resch

(AUG. 16, 1922 - JAN. 2, 2012)

Martha Resch, 89, of Charlevoix, died Monday, Jan. 2, 2012, at her home.

Funeral Mass will be 11:30 a.m. Saturday, Jan. 7, at St. Mary Church in Charlevoix. The Rev. Matthew Wigton will officiate. Visitation will take place before the funeral beginning at 9:30 a.m. on Saturday at the church.

Sign up for text alerts on school closings, severe weather and breaking news!

Martha was born Aug. 16, 1922, in Tonet, Wis., the daughter of Joseph and Ann (Decremmer) Lhost.

On Sept. 20, 1941, she married John G. Resch at Saint Gillian Church in Luxemburg. They made their home in Manitowoc, moving to Charlevoix in 1966. John preceded Martha in death on Dec. 13, 1974.

She worked at the Charlevoix Middle School cafeteria for 25 years, and was a member of St. Mary Catholic Church. Martha was always proud of her kids and the things they did, whether it was work, fishing, or hunting. She enjoyed being close to her family and friends, and put others first, never worrying about herself.

Martha is survived by her children, Jack (Carol) Resch of Manitowoc, Wis., Betty (Neil) Schroeder of Two Rivers, Wis., Tony (Linda) Resch, Don Resch, Jeff (Becky) Resch, all of Charlevoix, Debbie (Shawn) Husband of Williamsburg; grandchildren, Michelle, Kim, Jill, Todd, Amy, Stacy, Jesse, Tiffany, Heather, Dustin, Ryan, Kerry, Finn, and Sully; 18 great-grandchildren; sister-in-law, Agatha DeBauche of Green Bay, Wis. Martha was preceded in death by her parents; sisters, Orpha Vincent and Ethel Tabordan; and brother, Ervin Lhost.

Those wanting to share a memory of Martha, or condolences, may do so at [www.winchesterfuneralhome.com](http://www.winchesterfuneralhome.com).

### Doris Violet Biddick

(MARCH 14, 1908 - JAN. 2, 2012)

Doris Violet Biddick, 103, passed away January 2, 2012, at Mallard Cove Assisted Living in Petoskey.

Doris was born March 14, 1908, in Ironwood, to James and Nellie Biddick. When she was twelve years old, the family moved to the Highland Park area. She attended Highland Park High School graduating in 1925. She attended Wayne State University and the Detroit Conservatory of Music.

After teaching in the Detroit Public Schools for 43 years, she retired and moved to Boyne City to be near her nieces and nephews, leaving behind many dear friends. Doris was an avid bridge player and joined several bridge groups, making new friends. She also belonged to the Monday Study Club and was a member of Saint Matthew's Catholic Church in Boyne City. Doris was a world traveler, making new friends along the way.

Doris grew up in a loving family, all of whom preceded her in death. They were her parents, sister May, and brothers, James, Clifford and Floyd.

She is survived by her nephews, Clifford (Michelle) Biddick of Charlevoix, John (Joanne) Biddick of Harbor Springs, Kenneth (Julie) Biddick of Petoskey; nieces, Phyllis (Kenneth) Roy of Farmington, Carol Hellstrom of Horton Bay, Anne (Charles) Berdainer of Dayton, Ohio; seventeen grand-nephews and nieces; one great-grandniece; two great-great-grandnieces.

A memorial service was Thursday, January 5, at St. Matthews Church in Boyne City. The Reverend Duane Wachowiak officiated. Burial at Maple Lawn Cemetery in Boyne City.

Those wanting to share a memory of Doris, or condolences, may do so at [www.winchesterfuneralhome.com](http://www.winchesterfuneralhome.com).

### Ruth Cook

(APRIL 25, 1912 - JAN. 1, 2012)

Ruth Cook, 99, of Charlevoix, passed away Jan. 1, 2012, at Grandvue Medical Care Facility in East Jordan, after a short battle with cancer.

She was born April 25, 1912, to Walter and Prudence (Arnold) Yemmans on the northeast corner of Division Street and McSaubia Road. She graduated Charlevoix High School in 1930 and remained a lifelong resident.

Sign up for text alerts on school closings, severe weather and breaking news!

In 1935, she married her high school sweetheart Ronald Swanson, til death did they part in 1982.

In 1991, she married Clarence "Cookie" Cook while wintering in Florida, til death did they also part in 2005.

She spent the majority of her years living next to the Charlevoix Municipal Golf Course where she played daily. Her golfing there spanned more than 90 years. She also very much enjoyed playing pinochle, bowling, dancing, traveling and camping.

Ruth is survived by her son, Daniel Swanson, of Charlevoix; grandsons, Bryan (Darlene) Swanson, Craig (Laura) Swanson; great-grandsons, Jacob, Daryan, Alex and Riley, all of East Jordan. She was "Aunt Toot" to Gary (Elizabeth) Foster, of Davison, Mich., Larry (Kittie) Foster, of Racine, Wis., David (Annette) Foster, of Milton, Wis., Jeff (Connie) Foster, of Phoenix, Ariz., and Carol (John) Cieslak, of Mission Viejo, Calif.

She was preceded in death by husbands, Ronald and Cookie; brothers, Walter and Otto Yemmans; and sister, Ellen Copeland.

A memorial is planned for Saturday, April 28, when we would have celebrated her 100th birthday.

Ruth lived a long and rich life. She did nearly everything she ever wanted to do and had been everywhere she wanted to go. We were lucky to have her around for so long.

"Keep smiling!"

### Paul P. Kondziela, 77

Paul P. Kondziela of Petoskey, died Dec. 30, 2011, at his home surrounded by his family following a year-long battle with cancer.

A memorial Mass took place on Wednesday, Jan. 4, 2012, at the St. Augustine Catholic Church in Boyne Falls.

Memorial donations in Paul's memory may be directed to the St. Augustine Catholic Church in Boyne Falls or Hospice of Little Traverse Bay in Petoskey.

Arrangements are by the Stone Funeral Home, Petoskey.

### Louise Alice Goodenow

(MAY 19, 1913 - DEC. 30, 2011)

Louise Alice Goodenow, 98, of Charlevoix, formerly of Farmington Hills, died Friday, Dec. 30, 2011, at her home.

Alice was born May 19, 1913, in Detroit, the daughter of Louis B. and Ida May Louise (Ray) Goodenow. She earned a bachelor of science from the University of Michigan in 1934, and a master's degree from Wayne State University in 1937, and continued her post master's studies at the University of Chicago and University of Michigan-Wayne. Alice was a teacher, counselor and principal for Detroit Public Schools.

Alice served in the U.S. Navy as Lieutenant J.G. during World War II.

She was a member of the North Congregational Church in Farmington Hills, and the First Congregational Church in Charlevoix.

Alice is survived by her sister, Jessie Wade of Livonia. She was predeceased by her sister, Ruth White, and brothers, Ray and Joseph Goodenow.

Alice's caring personality, zest for life, and sense of humor endeared her to all. She will be dearly missed by her nieces, nephews, and many friends.

A memorial service will be 11 a.m. Friday, Jan. 20, at the First Congregational Church in Charlevoix. The Rev. Neil Wilson will officiate.

Inurnment will take place at Grand Lawn Cemetery in Detroit. Memorial contributions may be made to the Charlevoix County Humane Society, 614 Beardsley St., Boyne City, Mich. 49712.

Those wanting to share a memory of Alice, or condolences, may do so at [www.winchesterfuneralhome.com](http://www.winchesterfuneralhome.com).

### Earl Lloyd Kroll

(JULY 6, 1919 - DEC. 26, 2011)

Earl Lloyd Kroll, 92, of Ironton, died Monday, Dec. 26, 2011, surrounded by many who loved him, at Georgia House in Charlevoix.

Earl was born on July 6, 1919, in Houghton, Mich., the youngest child of John and Kate (Martin) Kroll. He graduated from Houghton High School, joined and

served in the U.S. Army for three years during World War II, married Ethel Margaret Young of Detroit, and raised a large family in Ironton, Mich.

Earl retired from Freedman Artcraft in Charlevoix, became a partner at Charlevoix Fixtures, and then owned his own business for many years.

He was an active member of the Ironton Congregational Church.

He is preceded in death by his parents and siblings, his sweetheart of nearly 70 years, Ethel, and his son, Steve.

He is survived by his children: Bruce, Rebecca Harrison Kroll (Steven Kroll), Kay, Alan (Spring), Paul (Brenda), Mark (Janet), Kevin (Suzanne), Amy (Jamie Vener), Todd (Melissa Hansen), and Ann Kroll Lerner (Dan Lerner); his sister-in-law, Rita Young Seiler (Mike Seiler), 15 grandchildren, 16 great-grandchildren, honorary daughter, Laura Kemp (Tim Troupe), his many nieces, nephews, extended family members, and friends who were as often like family.

A celebration of his life will take place next summer and will be announced at a later date.

The family wishes to thank Georgia House, Hospice of Northwest Michigan, Boulder Park Terrace, and the Charlevoix Area Hospital for providing wonderful care for our father.

### James Healy Phalan Jr.

(MARCH 6, 1934 - DEC. 22, 2011)

James Healy Phalan Jr., age 77, Master Sergeant, United States Air Force retired, joined his Heavenly Father on Dec. 22, 2011, surrounded by his loving family. Jim was born March 6, 1934, in Weymouth, Mass., and joined the United States Air Force in 1952.

Jim's illustrious military career included assignments to Elmendorf Air Force Base Alaska, Eglin Air Force Base Florida (where he met the love of his life and best friend — Alma Lorraine Follette of Boyne City, Mich.), Osan Air Force Base Korea, Gunner Air Force Base Alabama, Sheppard Air Force Base Texas, NKP Royal Thai Air Base (supporting the Vietnam War), returning to Sheppard Air Force Base where he would eventually retire. After 22 years of military service, Jim went into the food service business with Nickerseon Farms (Texas), Dairy Queen (Texas) and Pizza Inn (Louisiana), he then went into the automotive industry selling automobiles at Miller Terrell Buick in Baton Rouge, La. He subsequently worked as a master electrician with the state of Louisiana for five years. Because of the economy, Jim sought employment as an electrician in northern Virginia and the D.C. area. He worked for two different companies as an electrical contractor. He then had the privilege to teach electricity at Suitland High School, Maryland, where he finally retired after 16 years of public school service. He considered teaching at Suitland as one of his most rewarding positions while working with youth to prepare them for employment in the electrical field. Many of his students returned to show their appreciation for his dedication to their success.

Jim and Alma retired to Walloon Lake, Mich., to be close to family in nearby communities. Upon his death, Jim is survived by his wife; their children, James Healy (Illinois), Christine Lorraine, Joseph David, Jeffrey Mark, John Andrew and Jerrell Douglas; their grandchildren, Adam Lee, Christopher Michael, Elizabeth Lorraine, Molly Lorraine, Morgan Ashley, Erin Georgette, Meghan Nicole, Rachel Joye, Miriam Anne Rebekah and Montana Lindsey; and their great-grandchildren, Landyn Nicholas and Pierson Joseph; and many other family members.

A memorial service was held on Monday, Dec. 26, at Stackus Funeral Home in Boyne City.

In lieu of flowers, memorial contributions can be made to Hiland Cottage in Petoskey, Mich., in Jim's honor.

Family and friends wishing to share a thought or memory of Jim are encouraged to do so online at [www.stonefuneralhomeinc.com](http://www.stonefuneralhomeinc.com).

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# News

ONLINE AT WWW.CHARLEVOIXCOUNTYNEWS.COM

## Winter schedule for Artist Gathering



Artist Gathering will continue during the winter— each Wednesday, January 11, 18, 25, February 1, 8, 15, 22, 29, March 7, 14. They will meet at the Jordan River Art Center in the lower gallery. Fresh flowers will be provided each week. All artist wishing to be together to participate art are welcome. There is no fee or preregistration. On occasion mini-lessons may be presented by someone attending. Some

videos may be shared. The JRAC art library is available for use. When the East Jordan School is closed so is the art center. It should be noted that the summer plein aire scheduled has already been planned. For further information contact Karen Kimmell, 231 582 0683 kakimmell@gmail.com. or Nancy Carey 231 536 7912, ncarey@charter.net.

LEFT: Karen Kimmell, Jrac Coordinator for Artist Gathering painting during a 2011 plein aire session.

BELOW: Dick Cunningham, JRAC Board member, taking time out entertaining the pet at the lama farm during an Artist Gathering summer session.



## BOYNE AREA SENIOR CENTER UPDATE

Don't be a shut in this winter. Good food, good fun daily at 411 E Division St. Charlevoix County Transit (582-6900) provides free rides to and from Boyne's beautiful new Senior Center. Get your Copy of Senior Highlights by calling the Charlevoix County Commission on Aging 237-0103. Senior Highlights is a monthly publication with menu's and fun activities for all four Senior Centers in Charlevoix County. Stop in, you will be surprised!

## LETTERS TO THE EDITOR

Letters and opinions may be submitted by e-mail to [Office@CharlevoixCountyNews.com](mailto:Office@CharlevoixCountyNews.com).

## Help prevent teenage drug abuse

Dear Editor,

Every day, 2,500 teenagers nationwide use a prescription drug to get high for the first time. They're accessing these drugs in the comfort of home; it can be as easy as opening a cupboard, drawer, or medicine cabinet. Youth 12 to 17 years old abuse prescription drugs more than they abuse ecstasy, crack/cocaine, heroin and methamphetamine combined.

This problem is real, it's growing, and it's dangerous. Since the year 2000, over 550 overdose and drug poisoning deaths have been recorded in northern and central Michigan. The majority of these deaths are related to prescription drugs.

Community members can help prevent prescription drug abuse by storing drugs in a safe and secure place, monitoring your prescription bottles, and disposing of expired or unneeded drugs properly. There are many Prescription and Over-the-Counter Drug Drop-Off Boxes located in Charlevoix and Emmet counties. To learn more about how to properly dispose of medications, visit Tip of the Mitt Watershed Council's website at <http://www.watershedcouncil.org/>. To learn more about preventing prescription drug abuse, visit [www.DrugFreeNorthernMichigan.com](http://www.DrugFreeNorthernMichigan.com).

Sincerely,

**Amy Spiegl**  
SUBSTANCE ABUSE PREVENTION EDUCATOR

## Boyne City holds public forum Thursday, January 12

Are you interested in what the future holds for our City?

Are you interested in shaping Boyne City's future?

You are invited to join community leaders at a City-wide Goal Setting Session on Thursday, January 12, 2012 at 6:00 p.m. in the Parish Hall at St. Matthews Catholic Church 1303 Boyne City Rd. (M-75 S).

This public forum is your

opportunity to share suggestions, ask questions, hear what your fellow citizens think, and receive updates on previously established goals. Input received at this meeting will assist the City Commission and other City Boards and Commissions in determining the short term and long term goals for our community. These goals will give the City Commission and staff direction on the community's priorities and where to focus the City's resources to continue moving in a positive, progressive direction.

The last public goal setting session was in January of 2010. An online survey was also available for citizens as another avenue of communi-

cation for those who were not able to attend the meeting. All of the information comments received was pulled together resulting in the adopted 2010 goals which are listed at right.

Whether you have suggestions you want to share or are interested in hearing what your fellow citizens have to say, you are encouraged to attend. If you are not able to attend you may still submit suggestions to: City of Boyne City, 319 North Lake St., Boyne City, MI 49712 or by emailing [bbrooks@boynecity.com](mailto:bbrooks@boynecity.com) or via the online survey (details to follow). For additional information or if you have questions, contact City Hall 231-582-6597.

### 2010 TOP 16 GOALS (VIA PUBLIC INPUT)

Goal / Topic	# votes
Job creation and retention	138
Healthy local business base	103
Develop Dilworth Hotel	93
Devlon Property	77
Broadband expansion (attract high-tech businesses)	60
Extend/renew the DDA Plan	58
Improve recreation facilities for youth & seniors	54
Move city offices off the waterfront	47
Non-motorized trails in, out and around town	41
Snowmobile trails in, out, an around town	41
Stay positive and progressive	41
Declining revenue	38
Maintain all current city services	34
Build on current successes	33
Alternative energy sources	28
Shoppers dock	21

## REDWOOD STEAK HOUSE

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## Charlevoix Cinema III

[www.charlevoixmovies.com](http://www.charlevoixmovies.com)

BEGINNING FRIDAY, JAN. 13

We Bought a Zoo: 4:30 Sat/Sun

Mission Impossible - PG13: Friday 7, Sat/Sun 2, 4:30, 7, Mon - Thurs 7pm

The Adventures of TinTin - PG Friday 7, Sat/Sun 2, 7, Mon - Thurs 7pm

Girl with the Dragon Tattoo - R: Friday 7, Sat/Sun 2, 5, 8, Mon - Thurs 7pm

231-547-4353- hotline for schedule

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14	A	R	E	N	A	15	E	R	M	A	16	S	L	A	Y
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37	R	U	S	T	38	D	E	M	O	S	40	D	I	S	C
41	A	L	L	K	E	P	I	42			43	P	A	L	E
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65	S	A	F	E	66	R	O	T	S	67	T	A	P	E	S



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# News Briefs

ONLINE AT WWW.CHARLEVOIXCOUNTYNEWS.COM

## BOYNE CITY

### Help design Boyne City's future

Are you interested in shaping Boyne City's future? If so, plan to attend a City-wide Goal-Setting Session at 6 p.m. Thursday, Jan. 12 in the Parish Hall at St. Matthew's Catholic Church, 1303 Boyne Avenue (M-75 South). This meeting is an opportunity to share suggestions, ask questions, hear what your fellow citizens are thinking, and receive updates on the status of previously established goals. Input received at this meeting will assist the City Commission and other city boards and commissions in determining the short-term and long-term goals for our community. If you are not able to attend, you may submit suggestions to: City of Boyne City, 319 N. Lake St., or by emailing [cgrice@boynecity.com](mailto:cgrice@boynecity.com). For additional information or questions, contact City Hall at 582-6597.

## CHARLEVOIX COUNTY

### Planning Commission Meet

The Charlevoix County Planning Commission will

hold their next regular meeting on Thursday January 12, at 7pm in the Pine Lake Room (basement level) at the Charlevoix County Building. This will be an organizational meeting. The meeting is open to the public, and all who are interested are invited to attend.

## EAST JORDAN SNO-BLAST

SNO-BLAST 2012 is this weekend! January 13-14-15 are the dates for the 31st Annual Sno-Blast Winter Festival. Check out the fun schedule of events for all ages to enjoy. Back by popular demand is the Sno-Blast Parade scheduled for Friday night as part of the Friday Night on Main Street activities along with the Rotary Chili Supper, hayrides with Tom Sheridan and his awesome Ford tractor and lighted wagon, Twister Joe sponsored by Bay Winds Federal Credit Union. Crowning ceremonies for Belle of the Blizzard and Winter Knight, merchant sidewalk (indoor) sales and more. Get into the fun- build a float, dress in costume - promote your business or organization - join the parade!

## CHARLEVOIX

### K of C Free Throw contest

Boys and girls ages 9-14 can register to participate in the Knights of Columbus annual free throw contest. Forms are available at all area schools. The contest is January 14 at Charlevoix Middle school. Registration at 12:30pm, competition begins at 1pm. Players compete by age and gender and can advance to district, regional and state competition.

## EAST JORDAN

### Wild Game Potluck

Saturday, January 14th, 6pm. Come out to the Martha Wagbo Farm and Education Center for our third annual wild game potluck! Join us at the Wagbo farmhouse at 6pm and share in the bounty of northern Michigan foods. Bring a dish of wild or local food to pass if you can, but it's not required for attendance. The potluck wraps up with a showing of the film *The Complete Angler* at 7pm. Set amidst the beauty and tranquility of Irish and English waterways, this visual poem celebrates the joys of nature

and literature, of solitude and beauty and the elegant art of fly fishing. Free and open to the public. For more info, call 231-536-0333. Located three miles south of East Jordan.

## CHARLEVOIX

### Fiddlers and Pickers Jamboree

Join the Charlevoix Knights of Columbus on Saturday, January 14th from 3-10pm at the VFW Hall for the 9th annual music fest featuring area violinists, fiddlers, guitarists, and other string instruments. Any area string musician is invited! It's a musical "hoe down" for fun and laughs. Dancing and sing alongs are encouraged. Food and beverage will be available for sale. Proceeds fund area youth music scholarships. Entry cost is donation only. For more information contact Gabe Campbell at 231.547.9739 or Ed Linse at 231.547.4526

## CHARLEVOIX

### Back Porch Concert

The Back Porch Coffee House Music evening is Saturday, January 14th at 7pm. Musical guests for the evening will be Peacemeal String Band (Dale and Maureen Scott) with special guest John Richey. Peacemeal String Band has provided a variety of string music to Michigan audiences for the past 25 plus years. Featuring multi-instrumentalists Maureen and Dale Scott, the ensemble mixes Appalachian style old-time fiddle, claw hammer banjo, hammered dulcimer, tenor guitar, 6-string guitar, and harmonica with vocal harmonies. Add John Richey with his multi-faceted fiddle playing and energetic vocals, and the musical fun multiplies! The featured performers will share their music from 7 to 8:30pm at the Charlevoix Senior Center. Following the scheduled performers, we will have a "circle jam session". Suggested donations for the evening are \$5/individual, \$10/family. All donations are for the scheduled performer(s).

## BOYNE CITY

### New Pastor at First Presbyterian

The congregation of First Presbyterian Church at 401 S. Park St., invites you to share worship with them at 10am. Their new pastor, Rev.

Elizabeth Broschart, will be leading worship beginning Jan. 15. Coffee and conversation follow worship and first Sundays include communion (every month) and potluck (during the school year). For more information call (231) 582-7983.

## EAST JORDAN

### Spaghetti dinner

The East Jordan 6th Grade class will be holding a Washington D.C. trip fundraiser. Spaghetti Dinner on Thursday, January 19 at the East Jordan Middle School from 5-7 PM. Ticket price is \$6.00 single ticket and \$20 family ticket. There will also be a Silent Auction and Bake Sale. Tickets can be purchased from any 6th Grade student or at the door.

## BOYNE CITY

### Safe at home

Comfort Keepers of Northern Michigan has joined forces with local senior centers, fire departments and libraries to host free "Safe at Home" seminars. The events will feature hands-on demonstrations and information from safety experts. A seminar takes place at 2pm Jan. 19 at Boyne Public Library

## EAST JORDAN

### Wassailing Winter Celebration

Saturday, January 21st, 6pm. Join the Martha Wagbo Farm and Education Center for a potluck and winter celebration. Wassailing is an ancient rural tradition of toasting to the health of an orchard in hopes that a bountiful crop will ensue the following year. A community celebration, Wassailing is done on a January night beginning with a feast and libations, followed by a short procession to the orchard where toasts are made and torches lit. Bring a sled! Immediately following will be a sledding party! Free and open to the public. For more info, call 231-536-0333. Located three miles south of East Jordan.

## CHARLEVOIX

### Winterfolk Concert Series

Monday's, 6:30pm at Charlevoix Public Library, 220 W. Clinton St.  
January 23: Melissa Welke  
February 27: Ernie Mindel  
March 26: Bob & Letty Facett

## CHARLEVOIX

### Drug Use Trends in Charlevoix County

How can we respond? Drug use trends in Charlevoix County will be reviewed and updated information will be shared about national trends and how these are impacting our area. The program will also talk about how we need to respond at all levels: personal, family, school, and community responses. Audience: parents, grandparents and interested community members, especially community leaders and decision makers. Jan. 24, 6:30 - 8pm at the Charlevoix Library, 220 W. Clinton St. The speaker for this class will be Scott Kelly, Executive Director of BASES teen center.

## CHARLEVOIX

### Check the Facts

Political, Health and Urban Legends. This event will be held at the Charlevoix Public Library on Tuesday January 31 at 6:30 pm. make sure you call to register for the event! 231.237.7340.

## CHARLEVOIX COUNTY

### Giving Circle grants

Are you part of an organization in Emmet and Charlevoix seeking funding for projects that help local women and girls? The Hestia Women's Giving Circle is welcoming applications for its sixth grant cycle. Applications are due February

1, and grants will be announced in May and awarded in mid-June. Organizations applying for grants must have 501(c) 3 non-profit status or be a school or government agency, or have a fiscal agent with non-profit status. The Giving Circle is a donor-advised fund of the Charlevoix County Community Foundation (CCCF) which also assists the Giving Circle in grant making and distribution. Applications will be available on the Foundation's website at [www.c3f.org](http://www.c3f.org). Click on "All About Grants" and follow the Hestia link. Potential applications should call Maureen Radke at CCCF at (231) 536-2440 prior to filling out an application. For more information about the Giving Circle, contact Christine Carpenter, chairwoman, at 348-0736, Diane Neal, secretary, at 242-0298, or send an email to [INFO@hestiacircle.org](mailto:INFO@hestiacircle.org).

## EAST JORDAN

### Winter Farmers Market

The East Jordan Garden Club is sponsoring a winter Farmers' Market, 10 am to 2 pm, at the East Jordan Civic Center. It will be open the second Thursday of each month; January 12, February 19, March 8 and April 12.

## BOYNE CITY

### Winter Farmers Market

Winter hours will be Saturdays from 10am to 2pm. The market will be held in the red building next to the library.

## CHARLEVOIX COUNTY

### Ride free to Senior Centers

Don't be a shut in this winter. Good food, good fun daily at any of the county's senior centers. Charlevoix County Transit 231-582-6900 provides free rides to and from any of the County's Senior Centers.

## EAST JORDAN

### Sno-Lovers Breakfast

East Jordan Sno-Mobilers Club House, Mt. Bliss Rd. Adults-\$6, Kids (5-10) \$3, Under 4 Free. Every Sunday, 7am - Noon

## CHARLEVOIX

### Indoor farmers market

The Charlevoix Winter Farmers Market will be held indoors at the Charlevoix Public Library the first Thursday of every month from 10am to 2pm, November through May.

## BOYNE CITY

### Ice Out contest returns

The Great Lake Charlevoix Ice Out contest will be held again this winter as a fund fund-raiser benefiting the Alano Clubs of Boyne City and Charlevoix. Community members will have the opportunity to purchase guesses on the day and time the carefully selected rock, "Rocky Balboa", will fall through the ice. The person who picks the closest date and time will win \$1,000. The rest of the funds will be split between the two organizations. Rocky and a specially constructed clock will be placed on Lake Charlevoix near the marina lighthouse as soon as ice conditions allow. Tickets are available until March 15. The cost for each guess is \$2 and tickets will be sold by Alano Club board members and at participating businesses, including the Boyne Area Chamber, Local Flavor bookstore and Pat O'Brien Real Estate. Alano clubs manage facilities that host 12-step recovery programs such as Alcoholics Anonymous, Alanon, Alateen, Narcotics Anonymous, etc. to meet the needs of individuals, families and communities. For more information about this contest or the Alano Clubs of Boyne City or Charlevoix, contact Pat O'Brien at 231-582-1700 or Richard O'Leary at 231-547-9184.

## East Jordan Rotary Club

presents...

# Sno Blast Chili Supper

## Friday, January 13

Chili, Cornbread, Drink & Desserts

WHERE: Downtown East Jordan at the Senior Center

WHEN: Friday, January 13, 4:30-7PM

TICKETS: \$8-Adult, \$7 Senior, \$5 Child

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# Health & Wellness

ONLINE AT WWW.CHARLEVOIXCOUNTYNEWS.COM

## Relief from Back pain

By Peter Emerson

Different types of back pains have different types of causes, and to gain some relief, the cause rather than the symptom should be addressed. People suffering from back pain are often suggested by friends and relatives to have complete bed rest, which is a misconception. Mere bed rest would not be sufficient to alleviate back pain if there were a serious underlying cause, like bone degeneration, osteoarthritis, or a bone infection. On the other hand, there is nothing as good as having rest for some initial period (though not necessarily bed rest), if the pain has resulted on account of a stress or a strain.

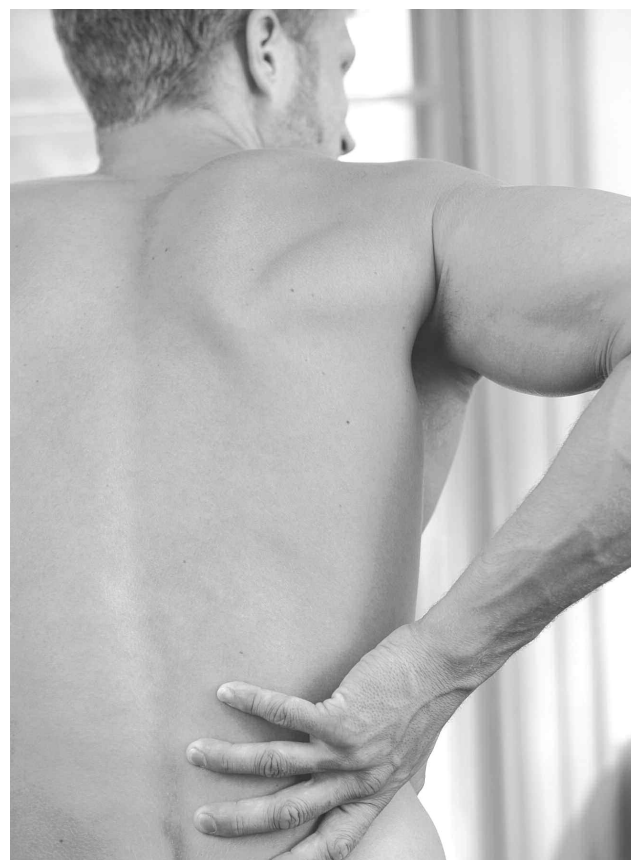
In a case of back pain without a

pathology, avoiding physical activity for some time helps relax the nerves and reduce swelling, if any, in the painful area. This can be eased further by using non-drug methods of pain relief like applying hot and cold compresses to the affected area. Cold compresses are recommended for use during the first two to three days, later followed by hot compresses. This technique relaxes the nerves that have become irritated, and allows for restful sleep. Since pains are normally associated with sleeplessness, during phases of sound sleep the body gets time to heal itself.

Another way of traditional pain relief, and probably the most widespread, is the use of painkillers. Almost everyone has his or her favorites among painkillers,

and you can use yours. But if the pain persists, and there is no remarkable benefit from the painkillers, it is advisable to consult a doctor and seek advice. However, if the pain has been relieved, normal daily activity should be resumed gradually after two to three weeks.

However bad back pain might be, it needs good, judicious management. In case the pain is not the result of a serious underlying problem, self-help techniques mentioned above, timely use of painkillers, and plain commonsense can go a long way in providing quick relief. Despite these interventions, however, if the acuteness of the problem gives way to a chronic, unmanageable situation, expert medical help should be immediately sought.



## Back Pain: What Everyone Should Know

By Peter Emerson

Statistics reveal that up to 85% of all people have back pain at any given time in their lives. Nearly 2% of all American workers get compensated for back-pain-related disabilities. Back pain can occur for several reasons like injury to the muscles on account of their overuse or otherwise, strains, or injury to the ligaments; the fine, fibrous mass that support them. Back pain may be less when in a resting position but greater when the back is subjected to any hard or soft activity as reaching, twisting, or lifting.

Since the spine is an amazing combination of bones, ligaments, tendons, large muscles, and highly

sensitive nerves, any abnormality or dysfunction in any of these structures can trigger back pains of low or high intensity. For example, pain could occur on account of any irritability perceived by the large or small nerves that pass through or along with the spine. If these nerves are strained, again back pain can occur. The spaces created between the discs of the spinal column, which have to be otherwise suitably aligned, can be a very troublesome cause of back pain.

Depending on the severity of back pain, it can be classified into three categories. Back pains lasting not more than three months are termed as acute. When back pain oc-

curs repeatedly, it is known as recurrent back pain. And back pain lasting more than three months and that doesn't improve within three to four weeks of medication, is considered as chronic back pain. More than 50 million Americans suffer from chronic pain. Such back pains are often traced to more serious underlying bone or joint problems or other pathophysiologicals; these need a specialist's intervention to treat.

Any such suspicion is ruled out by conducting an array of medical laboratory and imaging tests, including a magnetic resonance imaging (MRI), computed tomography (CT) scan, bone scan, and X-ray.

## East Jordan Community Night donations presented



Donations from the East Jordan Community Night Soup Cook-Off & the Chamber's Holiday Business After Hours are presented to E.J. Care & Share Food Pantry. Left to Right - East Jordan Area Chamber of Commerce Executive Director, Mary H. Faculak - E.J. Care & Share Food Pantry Director, Kathy Reid - East Jordan Area Chamber of Commerce Office Manager/Events Coordinator, Shannon Fender. Courtesy Photo



# Health SERVICES

directory

<p><b>ADOPTION SERVICES</b></p> <p><b>Heaven Sent Adoption Services, Inc</b> 1100 S. Bridge Street Charlevoix, MI 49720 231-237-9880 Office 877-583-0990 Expectant parents line www.HeavenSentAdopt.com</p> <p><b>BEAUTY SALON</b></p> <p><b>Chello's Salon &amp; Day Spa</b> 126 Main St. East Jordan 231-536-7764</p> <p><b>Wink Salon</b> 829 West Main Gaylord 989-731-4300</p> <p><b>A Touch of Class</b> 105 N. Center Gaylord 989-732-2654</p>	<p><b>CHIROPRACTOR</b></p> <p><b>Saks Wellness Center</b> 1447 S. Otsego, Gaylord 989-732-7000 www.sakswellnesscenter.com</p> <p><b>COUNSELING</b></p> <p><b>Cygnat Counseling</b> Downtown Gaylord 989-731-1018 www.cygnatfamilycounseling.com</p> <p><b>EYE CARE</b></p> <p><b>Gaylord Eye Care Center</b> 829 W. Main, Gaylord 989-732-6261</p> <p><b>FITNESS FACILITY</b></p> <p><b>Otsego County Sportsplex</b> 1250 Gornick Ave. Gaylord 989-731-3546 www.ocsportsplex.com</p>	<p><b>Otsego County Community Center</b> 315 S. Center Gaylord 989-732-6521 www.otsegocountyparksrec.com</p> <p><b>Saks Wellness Center</b> 1447 S. Otsego Gaylord 989-732-5200 www.sakswellnesscenter.com</p> <p><b>Powerhouse Gym</b> 1044 W. main Gaylord 989-732-0744 www.gaylordsgym.com</p> <p><b>HOLISTIC HEALTH</b></p> <p><b>IHT Wellness Shop</b> 416 W. Main Gaylord 989-448-4717 www.ihtwellnessshopgaylord.com</p>
<p><b>HOME HEALTH CARE</b></p> <p><b>Health Dept. of NW Michigan</b> 220 W. Garfield, Charlevoix 231-547-6092 www.nwhealth.org</p> <p><b>HOME HEALTH CARE</b></p> <p><b>Northern Management Services</b> 657 Chestnut Ct. Gaylord 989-732-6374 www.northernmanagement.org</p> <p><b>HOSPICE</b></p> <p><b>Hospice of Michigan</b> 1723 W. M-32, Ste. B Gaylord 888-247-5701 www.hom.org</p> <p><b>HOSPITAL</b></p> <p><b>Mercy Hospital</b> 1100 Michigan Ave., Grayling 989-348-5461 www.mercygrayling.com</p> <p><b>Charlevoix Area Hospital</b> 14700 Lake Shore Dr Charlevoix 231-547-8630 www.cah.org</p> <p><b>HYPNOTHERAPY</b></p> <p><b>DT Weber Hypnotherapy, LLC</b> 114 S. Center Suite 105, Gaylord 989.619.4395 dave@dtweberhypnotherapy.com</p>	<p><b>MASSAGE THERAPY</b></p> <p><b>The Naturalist</b> 1029 Gornick Ave., Gaylord 989-705-1451</p> <p><b>MONUMENTS</b></p> <p><b>Anger Monuments</b> 7535 US 131, Mancelona 231-587-8433</p> <p><b>NUTRITION &amp; SUPPLEMENTS</b></p> <p><b>General Nutrition Centers</b> 1417 W. Main St., Pineridge Square Gaylord, MI 49735-1755 989-731-6363</p> <p><b>IHT Wellness Shop</b> 416 W. Main, Gaylord 989-448-4717 www.ihtwellnessshopgaylord.com</p> <p><b>Jojo's Market</b> 1459 S. Otsego, Gaylord 989-705-8500</p> <p><b>Four Star Nutrition</b> 604 W. Main, Gaylord 989-448-8618 www.fourstarnutrition.net</p> <p><b>PHYSICAL THERAPY</b></p> <p><b>Jordan Valley Rehabilitation Center</b> 100 Main St # 9, East Jordan 231-536-1451</p>	<p><b>Boyne Rehabilitation Center</b> 197 State St, Boyne City 231-582-6365</p> <p><b>PODIATRIST</b></p> <p><b>Dr Tom DeKorte D.P.M.</b> Podiatric Physician &amp; Surgeon 1404 Bridge St, Charlevoix, MI 231 547 4662 1662 S Otsego Ave, Gaylord (989) 732-6565</p> <p><b>SENIOR ASSISTANCE</b></p> <p><b>Otsego County Commission on Aging</b> 120 Grandview Blvd. Gaylord 989-732-1122 www.otsegocountycoa.org</p> <p><b>Crawford County Commission on Aging</b> 308 Lawndale St., Grayling 989-348-8342 www.crawfordcoa.org</p> <p><b>Seniors Helping Seniors</b> 221 E. Felshaw St. Gaylord 989-448-8323 www.seniorshelpingseniors.com/ northernmichigan</p>

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# Gas price trends point to new levels in 2012

By Jim Akans

Somehow, now matter how much you try not to notice, the price of gas is something that simply will not be ignored.

Just five years ago, drivers began 2007 facing an average price for regular gas of about \$2.20 per gallon. That translates to around \$33.00 when filling up a 15-gallon vehicle tank, so the kids could still pick up a candy bar or two at the gas station without crimping the weekly food budget too badly.

Fast forward to early January 2012, and that average price per gallon of gas is at \$3.34 nationally, and around \$3.50 here in Michigan. It now takes over \$50 to fill that same 15-gallon tank, and price of groceries, like just about everything else in life, keeps going up. Thank goodness for those 2 for 1 candy bar specials.

So what's "up" with the indicators regarding gas prices in the coming year?

"In three of the last seven years, the spread between the yearly starting price and the peak (price during the year) exceeded \$1 per gallon and only once in the past seven years was the spread below .82 cents per gallon," said Patrick DeHaan, Petroleum Analyst with GasBuddy.com. "While we typically anticipate "peak" prices to occur in the midst of the summer driving season, sometimes the peak can even come after summer has concluded, as was the case nationally during 2006 and 2009. While past performance is no indication of future prices, based on the starting price of gas this year, we could be paying over \$4 per gallon by spring."

Actually, when looking through Michigan's average "start price" for a gallon of gas over the last five years, there are only two years that starting price exceeded \$3 per gallon; \$3.08 in 2008 and \$3.12 in 2011. So we have already set a new and rather dubious record by beginning the New Year spending about .40 cents more for a gallon of gas than any previous January. With an average seven-year spread between start price and peak price hovering around the \$1 mark, could we be flirting with a 2012 peak price per gallon of \$4.50...or more?

"The smallest spread over the last seven years was .45 cents," DeHaan observes, "and the largest was \$1.30. So having prices reach \$4 per gallon this coming year is less of a question and more of a certainty. The big question is will we hit a new record high."

The latest Middle Eastern developments regarding the Strait of Hormuz could have a significant impact on the price of a barrel of oil. According to the U.S. Energy Information Administration, approximately 20 percent of oil traded worldwide ships through the Straits.

"Gas prices are rising across much of the nation as Iran has continued to threaten closing the Strait of Hormuz, a vital waterway for global oil shipments," said DeHaan. "Think back to the days following the start of the crisis in Libya- an event that also rattled energy markets- we're seeing similar emotions play out even though there hasn't yet been a disruption to supply. I would blame emotion for the recent uptick in gasoline prices, nothing else."

The good news? Well, domestically, North Dakota has tripled their oil output in the last few years, and Utah has also increased output. While the Midwest is seeing a record high start for gas prices in 2012, Californian's are facing prices at the pump that are typically 20 cents per gallon higher than we see in Michigan. That's because gas taxes are higher on the West Coast, and oil supplied to the region is more expensive as pipelines across the Rockies are virtually non-existent.

About those groceries; the U.S. Department of Agriculture's Economic Research Service reported that overall food prices were up 4.6 percent between November 2010 and November 2011, and the 2012 forecasted increase is hovering in the three percent range. So not all indicators are as disheartening.

Of course, predicting future prices is a bit like forecasting the weather; trends often stray well off the best analyzed and anticipated paths. As author John Sladek appropriately observed, "The future, according to some scientists, will be exactly like the past, only far more expensive."

Let's hope the scientists have it wrong.

GasBuddy.com is a group of local websites which offers an online method for website visitors to post and view the most up-to-date retail gasoline price information. The GasBuddy collection of websites has rapidly grown into North America's premiere fuel prices information source.

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